

A Simple Order for Morning Prayer

May Christ, the true, the only light, banish all darkness from our hearts and minds.

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth,
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God for ever.

O Lord, open our lips :
And our mouth shall proclaim your praise.

Silent prayer/ reflection on the coming day.

Early in the morning my prayer comes before you.
Lord, have mercy. **Lord, have mercy.**

You speak in my heart and say 'Seek my face'; your face, Lord, will I seek.
Christ, have mercy. **Christ, have mercy.**

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord, my strength and my redeemer.
Lord, have mercy. **Lord, have mercy**

THE PSALM for the Day, ending with:

**Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

A READING FROM THE GOSPELS

Silence.

THE CANTICLE - BENEDICTUS

Blessed be the Lord the God of Israel :
for he has come to his people and set them free.

The Lord has raised up for us a mighty Saviour :
born of the house of his servant David.

Through his holy prophets God promised of old to save us from our enemies :
from the hands of all who hate us.

To show mercy to our forebears :
and to remember his holy covenant.

This was the oath God swore to our father Abraham :
to set us free from the hands of our enemies,

Free to worship him without fear :
holy and righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High :
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation :
by the forgiveness of their sins.

In the tender compassion of our God :
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death :
and to guide our feet into the way of peace.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever. Amen.**

AN AFFIRMATION OF THE FAITH

**I believe and trust in God the Father,
source of all being and life, the one for whom we exist.**

**I believe and trust in God the Son,
who took our human nature, died for us and rose again.**

**I believe and trust in God the Holy Spirit,
who gives life to the people of God and makes Christ known in the world.**

This is the faith of the Church.

This is our faith.

**We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

***PRAYERS** may be offered for the day and its tasks, for the world and its needs and for the Church and its life or this short litany may be used:*

Be exalted, Lord, above the heavens:
may your glory cover the earth.

Renew your Church in holiness:
and give your people the blessing of peace.

Keep our nation under your care:
and guide us in justice and truth.

Let your way be known on earth:
your saving power among all nations.

Do not let the needy, O God, be forgotten:
nor the hope of the poor be taken away.

Lord, hear our prayer:
for we put our trust in you.

The prayers conclude with the Lord's Prayer and the Collect of the Day or this morning collect:

O Lord and heavenly Father, almighty and everlasting God,
we thank you for bringing us safely to the beginning of this new day:
defend us by your mighty power
that we may be kept free from all sin and safe from every danger;
and enable us in everything to do only what is right in your eyes;
through Jesus Christ our Lord. **Amen.**

THE CONCLUSION

To the holy and glorious Trinity, Father, Son, and Holy Spirit,
be blessing and honour, thanksgiving and praise,
now and for ever. **Amen.**

Let us bless the Lord.
Thanks be to God.